

	Learn	Ready	Transitions	Passed
Skaters Stride				
Alternating swizzles				
1 foot slalom				
Transitions on Center				
X Behinds going forward				
Backwards X behind				
180 jump				
Waltz Jump				
Lunge turn				
Chasse's				

### Skate Skills Challenge IV

	Learn	Ready	Transitions	Passed
Forever Crossovers				
Hockey Stop				
Parallel Turns				
Check Top (T-stop)				
Pivots				
1 Foot Glides				
Spiral				
Backward Stroking				
Toe-Toe, Heel-Heel				
Spread eagle				

### Skate Skills Challenge III

### Skate Skills Challenge V

	Learn	Ready	Transitions	Passed
Swing Rolls				
X overs in a Circle				
Transitions inside edges				
Transitions outside edges				
Draw				
3 turns outside to inside				
3 turns inside to outside				
Backwards Spiral				
X behind X front transition				
Backwards Xover in a circle				

Created by Skate IA See [www.SkateIA.org](http://www.SkateIA.org) for video of moves.

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### SkateIA Skills Challenge III, IV, V



Created by Skate IA in conjunction with USA Roller Sports